### Academic C.V. Dr.

### Tahereh Pashaei

### Assistant Professor of Health education and promotion

### Kurdistan University of Medical Sciences Sanandaj IRAN

## **Personal Details:**

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## **Academic Qualifications:**

PhD 2013, in Heath education and promotion, Tehran University of Medical Sciences, school of health

Master of Science in health education, 2008, Tehran University of Medical Sciences, school of health

Bachelor of Science in public Health, 2004, Tehran University of Medical Sciences, school of health

# Positions and Work Experiences:

- Head of family health in Salasbabajani city,2008
- Head of Department of public health, School of Health, Kurdistan University of Medical Sciences,
   2014- 2017

## Ph.D. Thesis:

 The Survey of cognitive –Behavioral intervention base on Determinants of relapse on Rate of Relapse and Risk-Taking in the Opioid-Dependent Patients Participating in the Methadone Maintenance Treatment in Iranian National Center for Addiction

# **Selected publications:**

- 1. HABIBI, YAZDAN, et al. "INVESTIGATION THE PREVALENCE OF USING PERFORMANCE-ENHANCING DRUGS AND ITS ASSOCIATED FACTORS IN BODYBUILDERS MEN IN SANANDAJ CITY (2015)." (2017): 22-31.
- 2. Khazaee-Pool, Maryam, et al. "Exploring breast cancer preventive lifestyle and social support of Iranian women: a study protocol for a mixed-methods approach." *International Journal for Equity in Health* 16.1 (2017): 97.
- 3. Khazaee-Pool, Maryam, et al. "Decisional Balance Inventory (DBI) Adolescent Form for Smoking: Psychometric Properties of the Persian Version." *BMC public health* 17.1 (2017): 507.
- 4. Moridi, Minoo, et al. "The survey of relapse's styles among drug users and stimulants." *Pajouhan Scientific Journal* 15.3 (2017): 10-15.
- 5. HABIBI, Y., et al. "ASSESSING OF NUTRITIONAL STATUS OF STUDENTS IN KURDISTAN UNIVERSITY OF MEDICAL SCIENCES USING ANTHROPOMETRIC INDICES IN THE YEAR 2014-2015." (2015): 1-9.
- Khazaee-Pool, Maryam, et al. "The Effect of an Educational Intervention Based on Health Belief Model on Improving Smoking Preventive Behaviors among Students." *Iranian Journal of Health Education and Health Promotion* 4.4 (2017): 300-308.
- 7. Rezaie, Farzin, et al. "Prevalence and risk factors associated with tranquilizer abuse in the population over 18 years in Sanandaj, Iran." *Chronic Diseases Journal* (2017).
- 8. Dehghan, Hajar, et al. "General self-efficacy and diabetes management self-efficacy of diabetic patients referred to diabetes clinic of Aq Qala, North of Iran." *Journal of Diabetes & Metabolic Disorders* 16.1 (2017): 8.
- 9. Rostami, Sahar, et al. "Association of Trans-theoretical Model (TTM) based Exercise Behavior Change with Body Image Evaluation among Female Iranian Students." *International Journal of Pediatrics* 5.3 (2017): 4613-4623.
- 10. Gorzin, Marzieh, et al. "Risk factors of premature infants in the rural areas of Azadshahr city: a case-control study." *International Journal of Pediatrics*(2016): 3651-3660.
- 11. Khazaee-Pool, Maryam, et al. "Assessing breast cancer risk among Iranian women using the Gail model." *Asian Pacific Journal of Cancer Prevention*17.8 (2016): 3759-3762.
- 12. **Pashaei T**, Razaghi OM, Foroushani AR, Tabatabaei MG, Moeeni M, Turner NE, Sharifi V, Shojaeizadeh D. Assessing the validity and reliability of the Farsi version of inventory drug-taking situations. Iranian journal of psychiatry. 2013 Jun;8(2):80.

- 13. Rajati F, Mostafavi F, Sharifirad G, Sadeghi M, Tavakol K, Feizi A, **Pashaei T**. A theory-based exercise intervention in patients with heart failure: A protocol for randomized, controlled trial. Journal of research in medical sciences: the official journal of Isfahan University of Medical Sciences. 2013 Aug;18(8):6
- 14. Ghartappeh A, Pasand ST, Pasdar Y, Arya AM, Pashaei T. he¬ effect of locus of control and Gender on social adjustment of intelligent high school student. In the First International & 4th National Congress on health Education & Promotion, 2011 2011 May 17. Tabtiz university of medical sciences.
- 15. GHARETEPEH A, SAFARI Y, PASHAEI T, RAZAEI M, KAJBAF MB. Emotional intelligence as a predictor of self-efficacy among students with different levels of academic achievement at Kermanshah University of Medical Sciences. Journal of advances in medical education & professionalism. 2015 Apr;3(2):50.
- 16. Pashaei T, Shojaeizadeh D, Foroushani AR, Ghazitabatabae M, Moeeni M, Rajati F, Razzaghi EM. Effectiveness of Relapse Prevention Cognitive-Behavioral Model in Opioid-Dependent Patients Participating in the Methadone Maintenance Treatment in Iran. Iranian Journal of Public Health. 2013;42(8):896-902.
- 17. Ghasemzadeh MJ, Samaa A, Farahani PK, Pashaei T, Kamran A, Mohebi S. Survey the Viewpoints of Medical Externs and Interns of Qom Islamic Azad University about the Status of Effective Clinical Education. Archives of Hygiene Sciences. 2015 Aug 23;4(3).
- 18. Pashaei T, Moeeni M, Roshanaei Moghdam B, Heydari H, Turner NE, Razaghi EM.
- 19. Predictors of Treatment Retention in a Major Methadone Maintenance
  Treatment Program in Iran: a Survival Analysis. Journal of research in health
  sciences. 2014 Oct 11;14(4):291-5.
- 20. Shahmoradi B, Erami S, Pashaei T, Maleki A. Developing Questionnaire on Strategies for Increasing Housewives Participation in Source Separation of Municipal Solid Waste Based on the Theory of Planned Behavior. Journal of Advances in Environmental Health Research. 2015 Apr 12.
- 21. The Effectiveness of the Life Skills and Problem-Solving Training on Increasing Coping Stress among Addicts under Treatment with Buprenorphine VOL.5 NO.2 Page: 469-474
- 22. Taymoori, Parvaneh, Tahereh Pashaei. "Relapse and Risk-taking among Iranian Methamphetamine Abusers Undergoing Matrix Treatment Model." Addiction and Health 8.1
- 23. Pashaei T,Ardalan A, the relationship between the big five personality factors, mental health and addiction potential among high school students kamyaran

- 24. Salimzadeh H,shojaeizadeh D, Pashaei T,school-based physical activity intervention improves the physical fitness of the adolescent girls and their mothers,Pak J Med Sci 2010, Vol.26 No.3
- 25. Pashaei T,Rahimi A, Ardalan A, Related factors of female Genital Mutilation in Ravansar, j women s Health Care 2012.
- 26. Pashaei, Tahereh, et al. "Daughters at risk of female genital mutilation: Examining the determinants of mothers' intentions to allow their daughters to undergo female genital mutilation." PloS one 11.3 (2016): e0151630.
- 27. M Khazaee-Pool, T Pashaei, L Jahangiry, K Ponnet, A Gholami, Exploring breast cancer preventive lifestyle and social support of Iranian women: a study protocol for a mixed-methods approach, approach, International Journal for Equity in Health 16 (1),
- 28. M Karami, P Ameri, J Bathaei, Z Berangi, T Pashaei, A Zahiri, SM Zahraei, Adverse events following immunization with pentavalent vaccine: experiences of newly introduced vaccine in Iran, BMC immunology 18 (1), 42
- 29. L Jahangiry, MA Farhangi, S Shab-Bidar, F Rezaei, T Pashaei, Web-based physical activity interventions: a systematic review and meta-analysis of randomized controlled trials, Public Health 152, 36-46
- 30. M Khazaee-Pool, F Majlessi, A Montazeri, T Pashaei, A Gholami .Development and psychometric testing of a new instrument to measure factors influencing women's breast cancer prevention behaviors (ASSISTS), . BMC women's health 16 (1), 40
- 31. Perceived barriers to methadone maintenance treatment among Iranian opioid users M Khazaee-Pool, M Moeeni, K Ponnet, A Fallahi, L Jahangiri, T Pashaei International journal for equity in health 17 (1), 75
- 32. The prevalence and the risk factors associated with tranquilizer abuse in the population with the age of over 18 years in Iran
  S Bagheri, F Rezaie, A Fallahi, S Shahsavari, T Pashaei

Chronic Diseases Journal 6 (1), 29-34

- 32. New educational model to promote breast cancer–preventive behaviors (ASSISTS)

  M Khazaee-Pool, T Pashaei, R Alizadeh, K Ponnet

  Cancer nursing
  - 33. Pashaei T,Analysis of retention time among a sample of opioid dependents participating in the Methadone Maintenance Treatment Program in Iran, Scientific Journal of School of Public Health and Institute of Public Health Research Vol. 11, No. 3, Autumn 2013[in persion]

- 34. AZIZI A, AMIRIAN F, **PASHAEI T**, AMIRIAN M. Prevalence of unwanted pregnancy and its relationship with health-related quality of life for pregnant women's in Salas
- 35. BASSAMI M, **PASHAEI T**, GHAREH TS, GHAREH TA. WOMEN'S CIRCUMCISION FROM THE SIGHT OF RELIGIOUS, LAW AND MEDICINE.
- 36. Zahed rezaei, Borhan Mansouri, **Tahereh pashaei**, Masoud Ali-Hossaeni,
  Yazdan Habibi, Fardin GHaribi, Elham Alipour, Nilufar Fayazi, Mohammad Reza
  Shah-Mahmoudi, Vahid Waysi Khaneghah, Volume 15, Number 47 (2-2015)
- 37. Pashaie T, Rahimi A, Ardalan A, Majlesi F. Prevalence of female genital mutilation and factors associated with it among women consulting health centers in Ravansar City, Iran. sjsph. 2012; 9 (4):57-68 [in persion]
- 38. Pasdar Y, Pashaei T, Determine the nutritional status of elderly people covered by government agencies in Kermanshah city based on MNA and Its relation with biochemical markers of 1387, Bahbood.kums. [in persion]
- 39. Mansourian M, Pashaei T, relation between lifestyle and hypertension among rural population in the city of Gorgan in 1387, journal of knowledge and health, 2010 [in persion].
- 40. Alireza Mohammadi Arya , Mahdiyeh Pakdaman ,Shahnam Abolghasemi, Mansour Rezaee, Tahereh Pashaee, Amaneh Ghareh Tapeh The Effect of Stress Inoculation Group Training on Hope and Quality of Life in Women with Breast Cancer, Journal of Research Development in Nursing & Midwifery Spring & Summer 2014-2015/Vol 11 / No 1 [in persion]
- 41. Chaleshgar M,Pashaei T,Determine the prevalence of unwanted pregnancy and its related factors in pregnant women 49-15 years of ghaemshahr. Tolooe Behdasht.N(4)(3),PAGE 86[in persion]
- 42. Shojaeizadeh D, Pashaei T,The effect of education on improving the nutritional behavior of pregnant women referred to health centers in Kermanshah, Tolooe Behdasht.N(4)(4),PAGE 86[in persion]
- 43. Arezoo Fallahi , Siamak Derakhshan , Tahereh Pashaee , Parvaneh Teymoori ,Factors affecting self-care in women with osteoporosis: a qualitative study

- with the content analysis approach, Scientific Journal of School of Public Health and Institute of Public Health Research, 2015(Issue 2) [in persion]
- 44. Maryam Khazaee-Pool, Tahereh Pashaei, Roghayeh Nouri, Parvaneh Taymoori, Koen Ponnet, Understanding the relapse process: exploring Iranian women's substance use experiences, Substance Abuse Treatment, Prevention, and Policy

### **Research Interests:**

Addiction studies, Women studies, Female genital mutilation, High risk behaviors, Risk taking

# **Key Skills:**

Quantitative and qualitative research methods